



NEWS RELEASE

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SCHOOL BOARD APPROVES: WALK TO SCHOOL RESOLUTION

LOS ANGELES – Students can get more exercise, fight obesity and even keep the air cleaner by walking to school. To encourage that healthy habit, the Los Angeles School Board today unanimously approved the “Safe and Fun Walk to School Day” resolution.

Sponsored by Board Member Mónica García and co-sponsored by Board Member Tamar Galatzan, the measure celebrates National Walk to School Day on Monday, Oct. 9, joining school districts across the U.S. and worldwide.

“Let’s work together to promote walking in our communities and help build awareness on the importance of creating greener and healthier communities,” said García. “We are excited to promote National Walk to School Day and encourage the importance of walking to school and continuing to build safer neighborhoods.”

Galatzan agreed. “It is important for children to be physically active and connected to their community,” she said. “The school board is proclaiming October 9th as ‘International Walk to School Day’ so adults can set an example for their children, leave the car behind, and walk to school.”

“Walk to School Day reminds and encourages our families of the importance of walking, biking and instilling healthy habits in children,” said Marta Jevenois, principal at Trinity Street Elementary School. “We want to create safe communities and sustain the interest in walking and biking, not just to school, and not just for one day, but year-round and all across Los Angeles.”

The resolution lists the many benefits of walking or biking, such as: increasing physical activity, reducing traffic congestion and air pollution and improving pedestrian safety. Long before the current obesity epidemic, the reduction in physical education and the spread of smog, walking to school was the norm for generations of schoolchildren.

Today, many students are driven to campuses, even those who live only a few blocks away. That is neither necessary nor healthy. Even the youngest learners—little preschoolers—can walk to school as long as they are accompanied by a responsible adult, or a much older sister or brother.

So, on Monday and every day, tell the children to take a walk—to school.

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